



OFFICIAL BIO

Dr. Jeannine Jannot is an academic coach and the author of [The Disintegrating Student: Struggling But Smart, Falling Apart, and How To Turn It Around](#). She has over 25 years of experience working with children, teens, and young adults in both public and private school settings.

Jeannine has a master's degree in school psychology from The Ohio State University and a doctorate in child and developmental psychology from the University of Connecticut. She began teaching college psychology courses in 2010, and in 2014 she founded [The Balanced Student](#).

Originally from Ohio, Jeannine lives in Milton, Georgia with her husband, Tom. They have three children, Ryan, Maddie, and Kat. You can learn more about her at [JeannineJannot.com](#).